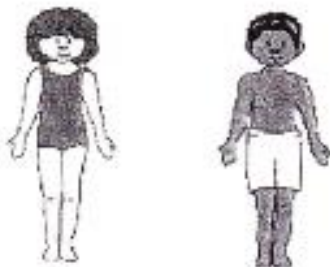## Important Personal Safety Points:

- No one should touch private body parts except to keep clean and healthy.
- Private body parts are any parts of your body that are covered by your swim suit.

It is only a nice touch if you say that it is.

- It is NOT a nice touch if it hurts you.

- It is NOT a nice touch if someone touches your body where you do not want to be touched.

- It is NOT a nice touch if it makes you feel scared, nervous, or uncomfortable.

- It is NOT a nice touch if a person forces you to touch them.

- It is NOT a nice touch if a person asks you not to tell.

- It is NOT a nice touch if a person makes threats about what might happen if you do tell.

The only person doing something wrong is the person who touches you in a way that you do not like. A person may offer to buy you gifts and toys if you keep their touches a secret. This is **WRONG**, you need to tell right away. **NEVER** keep a secret that makes you feel icky inside.

Know your personal safety rights!

Be sure you know what to do!

If someone touches you in a way that you do not like:

- Say, "NO, I don't like that"! and tell the person "I don't want to be touched".
- Get away from that person right away and never stay alone with that person ever again.
- If you need to, you can yell or scream for help.
- Be strong and know that you did nothing wrong. The only person who did something wrong is the person who touches you in a way that you do not like.
- Be sure to tell an adult you trust what happened right away. If the person you tell does not believe you, go to another adult you trust until someone believes you and helps you.

Be prepared & Be strong!

REMEMBER TO KEEP TELLING UNTIL SOMEONE HELPS!

You are Valuable!